Whitewater Rafting Trip
Equipment List

**Rafting Attire:**
- One pair of shorts and/or bathing suit
- One T-shirt
- Sunhat (baseball cap of visor is best)
- Sunglasses with a retention strap
- Shoes that can get wet and will stay on feet (old tennis shoes, sport sandals, wetsuit booties)
- A change of clothes for after the trip

**Other Personal Items:**
- Sunscreen
- Lip balm with sun protection (SPF)
- Water bottle with secure lid

**Additional Items for Camping**
- One pair of long pants
- One pair of shorts
- One T-Shirt
- One long sleeve shirt
- Underwear
- Sweater of lightweight jacket
- Socks
- Dry shoes (good for hiking/walking)
- Warm jacket
- Warm Hat
- Personal toilet articles
- Small towel
- Small flashlight
- Toiletry items
- Prescription medications (if you take any)
- Prescription eyeglasses (if you have them)
- Sleeping bag
- Sleeping pad

**Optional Accessories:**
- Camera
- Binoculars
- Small Games
- Musical Instrument

For more information, please contact the River Program Manager at 415-474-7662 ext. 15 or riverprogram@etctrips.org