Bioluminescence Paddle
Equipment List

Paddling Attire:
- Pants or shorts (synthetic material is best)
- T-shirt or long sleeve shirt (synthetic material is best)
- Wool or fleece sweater
- Shoes that can get wet and will stay on feet (old tennis shoes, sport sandals, wetsuit booties)
- Flashlight or headlamp
- Sunglasses (with retention strap)
- Warm hat

Other Personal Items:
- Sunscreen
- Lip balm with sun protection (SPF)
- Reusable water bottle with secure lid

Optional Accessories:
- Camera
- Binoculars

Items Not to Bring:
- Electronics (including cell phones)
- Expensive watches and jewelry

Weather on Tomales Bay is highly variable. Please be prepared for both warm and cold weather.

For more information, please contact the Sea Kayak Program Manager at 415-474-7662 ext. 13 or kayak@etctrips.org