

# ETC COVID HEALTH & SAFETY PRACTICES

## January-2022

Since early 2020, Covid-19 has created challenges for ETC, but we continue to pivot and adapt our program practices to mitigate the transmission of the virus and to provide much needed access to our adventures and natural outdoor spaces. The wellbeing, health, and safety of our participants, staff, and volunteers is our top priority. ETC is constantly monitoring the science-based data to keep our program practices up to date with the U.S Center for Disease Control and Prevention (CDC) and other local authorities.

### **Vaccinations**

ETC's requires all our guides to be fully vaccinated unless there is a health-related issue in which case we ask that they provide a recent negative test before attending in person events. We highly encourage all our participants to do the same. *For some extended ETC programming, like our Youth LEAD Courses, participants will be required to be vaccinated.*

### **Masking & Sanitation**

ETC encourages the use of masks when physical distancing is not practical, such as group briefings and when traveling in shuttle vehicles. ETC does not require the use of masks while on the water, kayaking or rafting. Enhanced hygiene practices include, frequent hand washing, no sharing of water bottles, and additional precautions when preparing food.

### **Screening & Testing**

All guides and participants will be asked to self-isolate and test if experiencing Covid-19 symptoms. During active programming, ETC guides will undergo regular testing, with additional testing and isolation as required.

### **2022 Programs**

With 2022 Spring programming and trips just around the corner, ETC will continually update our policies to align with current industry standards, county directives and CDC guidance. Please contact us if you have any questions: [info@etctrips.org](mailto:info@etctrips.org). **We look forward to sharing exciting and inspiring ETC adventures with you soon!**

**Stay Healthy!**  
**The ETC team**