

Canyon Explorations/Expeditions

Float Notes



Full Canyon Trips

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Traveling to Flagstaff

Air Transportation

Sky Harbor Airport in Phoenix, Arizona is the closest major airport.

Most of our rafters fly into Phoenix and then fly, take a shuttle, or drive a rental car to Flagstaff. It is a two and a half hour drive or a half hour flight from Sky Harbor to Flagstaff.

Flagstaff Pulliam is a small regional airport offering direct flights to and from Phoenix, AZ (PHX) and Dallas, TX (DFW)

Ground Transportation

Shuttle

If you choose to fly into Phoenix, Groome Transportation provides ground shuttle service between Phoenix and Flagstaff. The shuttle is a convenient and reliable transportation option offering 6 departures daily. Online reservations / phone reservations (928) 350-8466. Groome offers pick-up at each terminal at Sky Harbor Intl. Airport and drop-off at the Amtrak Station in downtown Flagstaff (Approximately 1.5 miles from the DoubleTree Hotel).

Rental Car Rental cars are available at both the Phoenix and Flagstaff airports. There are also a few rental locations in downtown Flagstaff. Plan ahead for pick-up and drop-off logistics. Rental agency hours can be limited in Flagstaff depending on which agency you choose. Canyon Explorations cannot assist with pick-up or drop-off of your rental car.

Travel tip: Pack essential items in your carry on if you are traveling by air. In the event that your luggage is lost, it is unlikely there will be time to locate it before your trip launch.



Flagstaff Accommodation

Canyon Explorations/Expeditions lodging partner:

DoubleTree by Hilton Hotel Flagstaff

Address: 1175 W. Route 66 Flagstaff, AZ 86001

Phone: (928) 773-8888

The DoubleTree Hotel is the meeting location for your pre-trip orientation and for transportation to the river. Round trip transportation between the hotel and the river is included in your trip fare. The Canyon Explorations/Expeditions bus will pick you up at the DoubleTree on the first morning of your trip for the two and a half hour ride to Lees Ferry. After the trip we will return you to the DoubleTree.

Making Room Reservations

Room availability and rate are guaranteed for hotel guests traveling with Canyon Explorations/Expeditions up to one (1) month prior to the trip launch. After this date availability is not guaranteed and the hotel may charge the prevailing rate at the time of booking. Canyon Explorations/Expeditions will provide information on rates and booking details six months prior to your trip launch.

You will be responsible for making your room reservation directly with the hotel either through the on-line booking link provided by Canyon Explorations/Expeditions or by contacting the local hotel directly (not the 1-800 number). If making your reservation by phone it is important to mention that you are traveling with Canyon Explorations/Expeditions, so that you receive the discounted rate we have negotiated on your behalf. Please note that hotel reservations are not included in your trip fare and that payment will be made directly to the DoubleTree.

Extra Nights in Flagstaff

The nights you will want to book are the evening before your trip begins (this is the night of the orientation) and the night you get off the river. We cannot guarantee exactly what time you will be back in Flagstaff at the end of your trip, so it is best to plan on spending the night and traveling back home the following day. If you would like to spend extra time in Flagstaff pre or post trip the DoubleTree will extend the discounted rate for one (1) day prior and/or one (1) day post trip.



Getting to the DoubleTree from Flagstaff's Airport or the Amtrak Station

Both Uber and Lyft have a presence in Flagstaff. The airport is about 5 miles from the hotel and the Amtrak is about 1.5 miles. The cost of a ride can vary depending on the time of day and demand for rides. The DoubleTree does offer a complimentary shuttle between the hotel and the airport and Amtrak station. Shuttle hours are limited and subject to change. Please contact the DoubleTree in advance if you plan to use the shuttle to confirm operation.

Pre-trip Orientation at the DoubleTree Hotel

All rafters must attend the 5:30 p.m. pre-trip orientation at the DoubleTree in Flagstaff the evening prior to your trip start date. There are many different topics covered at orientation, but key points will include a brief overview of the next day's logistics, distribution of dry bags to pack your personal gear into, and packing recommendations. Packing recommendations can also be found in the packing section of this booklet. You will also have a chance to ask any last minute questions that you might have before getting on the river and an opportunity to purchase items from our retail store.

Retail Store at Orientation

For items that will be available for sale at your pre-trip orientation please see the Canyon Wren Retail Catalog on our website or in the Info & Documents section of your guest portal.

Luggage Storage & Parking at the Hotel

Canyon Explorations/Expeditions has a luggage storage room at the hotel where you will be able to leave a suitcase with your street clothes and any other items that you do not want to bring on the river with you. We cannot store larger items such as bicycles or golf clubs. Also please leave valuables at home. Luggage is stored in a locked room, but we cannot provide a 100% guarantee of security. If you are driving to Flagstaff in a personal vehicle and staying at the DoubleTree the hotel will allow you to leave your vehicle in their lot for the duration of your trip. **Please note that the hotel cannot accommodate RVs or trailers. If your vehicle does not fit in a standard parking space you will have to make alternative storage arrangements.**



Camping in Grand Canyon

Camp Setup/Layout

Each evening your Trip Leader will choose a new camp somewhere along the river that will become your home for the night. Everyone helps to unload the boats and setup camp. Once all of the boats have been unloaded, you will be free to explore the camp and select your campsite for the night. Campsites should not be chosen prior to the unloading of the boats. Most camps are wide open sandy beaches with plenty of camping spots. Two things you will want to note before selecting a campsite are the location of the kitchen and the groover (toilet). You do not want to camp in the vicinity of either of these locations.

The chair circle is usually set up near the kitchen and becomes the hub of activity in camp. This is a place to socialize, relax, enjoy a beverage, eat, and gather for any evening talks, stories, or music.

After some down time in camp, the guides will be hard at work making appetizers, dinner, and dessert. A blast on the conch shell signals hors d'oeuvres, dinner, and also coffee and breakfast in the morning.

Before you go to bed for the night please make sure you are aware of the location of the groover so that you can find it in the dark if you need it. Always wear shoes when walking around camp at night and carry a headlamp.

Sanitation/First Aid

It is essential that all members of a river trip practice good hygiene to maintain the health and safety of the group. Once you are on the river you will become acquainted with our sanitation systems. A toilet system (groover) is set up in camp and all solid waste is taken out of the canyon with us when we leave. Liquid waste goes directly into the river during the day. At camp we will have a "pee bucket" set up next to the groover. This bucket is also dumped into the river. A hand wash station will be set up near the groover and the kitchen. Hands should be washed every time you leave the groover and before handling any food.



A basic first aid kit is available in camp each evening for minor cuts/ scrapes, ibuprofen, aspirin etc. You can help yourself to these items when in camp. If you have a more serious injury or wound please consult one of your guides. The guides have several additional first aid kits with supplies for taking care of more serious injuries.

Resource Protection

Given the number of people that travel through the Grand Canyon every year it is very important that each and every person do their part to protect the canyon and its environment. We follow Leave No Trace practices everywhere we go. All solid human waste, trash, food scrapes, etc. are removed from the canyon. Before visiting any archeological sites guides will instruct everyone on how to behave around such sites to ensure preservation for the future.

Drinking water

Fresh drinking water is filtered in camp each evening using a two stage filter from Vital Water Products. A few drops of bleach are then added to the water to kill any viruses.



Camping Equipment Provided by Canyon Explorations



Tents

We provide Alps Mountaineering tents. Couples will be assigned a three person tent for two people and their gear. Solo travelers will receive a two person tent for themselves and their gear. Many of our passengers find they prefer to sleep under the stars and never pitch their tent. Tents will be labeled with participant's names and stored communally in large dry bags.

Sleep Kits

Sleep kits consist of a sleeping bag, sleeping bag liner (cotton for summer, fleece for spring and fall trips), sleeping pad (Therm-a-rest self inflating pad approximately 2.5- 3" thick), and a tarp. Sleeping bags and liners are laundered after every trip.

Camp Chairs

Folding camp chairs are provided for use in camp. There will be one chair per person.

Emergency Communication

Canyon Explorations/Expeditions carries emergency communication devices capable of contacting the out side world if there is an emergency on the river. These devices are only for emergency use and can only be used to call out. Your friends, family, business partners, etc. will not be able to reach you while you are on the river.

Gear Storage

Dry Bags

Dry bags are essential for keeping your gear from getting wet as you travel down river. Canyon Explorations will supply you with three dry bags for use during your trip and provide instruction on how to properly close each bag so that your gear does not get wet.

You will receive one large dry bag (blue with a black number) at the pre-trip orientation. You will pack the majority of your clothing and personal items into this bag. You will not have access to this bag during the day while you are on the river, so think of it as a check bag when you are flying. A second large bag (blue with a red number) will be waiting for you when you get to the river. This bag contains your sleep kit as described above.

The third smaller dry bag (purple) you will receive at your pre-trip orientation. This bag will be your carry-on. You will take it with you on whichever boat you choose to ride on. Pack this bag with items that you want access to while you are on the water (paddle gear, sarong, sunscreen, baseball cap, etc.).

Additional Storage

Each boat has easily accessible storage for water bottles. Storage options vary between boat types. Hiking boots are stored communally in large boot bags. Hiking poles and fishing gear will be stored separately from the rest of your personal gear. Storage options will vary from trip to trip, but guides will make sure these items are accessible for times they may be needed.



Technology Free Experience

One unique element of a Grand Canyon river trip is the ability to escape the technology that has become so prevalent in our daily lives. Leaving technology behind gives us the opportunity to truly immerse ourselves in the world around us and connect with the people we are sharing the experience with.

In order to foster this experience we do not allow electronic devices on our trips. The one exception to this rule is a camera, GoPro, or other picture/video recording device. You may bring your cell phone for use as a camera. Please refrain from using its other functions while you are on the trip. Leave all other electronics and communication devices at home.

A Typical Day

Each days itinerary will vary slightly from the next, but there is some consistency that you can expect on any given day.

You will wake up to a blast on the conch shell signaling that coffee is ready. A second blast on the conch will signal breakfast. The time in between coffee and breakfast is a good time to start breaking down your camp and packing away your gear. After breakfast you will want to get ready to be on the river and help pack up camp/load the boats.

Once all the boats are loaded you will choose a boat to ride on or paddle and you will be off down stream. The morning could be spent on the river or you may stop for a hike or two.

At some point you will stop and have lunch. If you are hungry before lunch there are snacks available on the boats. Occasionally we will have you pack a lunch in the morning if we are planning on a longer hike that will overlap lunch time.

What you do after lunch will vary from day to day. You could go for a hike or get back on the boats to go downstream to the next adventure.

At some point in the mid afternoon your trip leader will choose a camp for the evening. More details about camp setup and evening activities can be found in the Camping in Grand Canyon section of this booklet (page 6).

Each evening at dinner you can expect your trip leader to give a brief talk that generally outlines the plan for the next day. Sometimes there will be a plan A, B, and C depending on weather factors, the presence of other groups in the area, etc.



Side Canyon Hiking

Hiking is a major focus of all of our trips. There are countless side canyons that can be explored from the river that would be very difficult or impossible to access any other way. To make the most of your trip we strongly encourage you to condition for the side canyon hiking opportunities that you will have on your trip. The best training is to go for hikes in your local area. If you live in an area that has mountains or rolling hills hike on trails that have a change in elevation.



Side canyon hiking will vary in difficulty and length. Some trails go steeply up from the river to attain panoramic vistas, others will follow dry or wet creek beds through narrow canyons, ending in waterfalls and desert oases. Most Grand Canyon trails could be described as “rugged”. The terrain these trails traverse is often uneven, can have exposure, and may require hands and feet in some places. A guide will typically be station at difficult points along the trail to provide assistance, hand and foot hold advice, and verbal encouragement.



You will not be required to participate in every hike on the trip. If you are feeling tired one day or the description of the hike sounds like it will be outside of your comfort zone simply talk to one of your guides and they will come up with a plan that will work for you. This could mean only completing a section of the hike or staying back with the boats.



End of Trip

Last Night on the River

The last night of your trip will be spent close to the take out at Diamond Creek. This final evening is a great time to all gather and reflect on the time spent in the canyon together. The TL will also give a talk about what the following day will look like in terms of the take out procedure and re-entering society (it can be a bit of a shock sometimes after an extended wilderness experience).



Arrival Back in Flagstaff

Typical arrival time back in Flagstaff is mid afternoon, but this cannot be guaranteed. We recommend that you plan to spend the night in Flagstaff and make your travel arrangements for the following day. When you arrive back at the DoubleTree one of our orientation hosts will be there to greet you with your luggage and room keys. (Please note that in order for our staff to pick up your room keys for you, you must have preauthorized your credit card with the front desk prior to your departure for your trip). In addition to your luggage and room keys the host will also have stickers, evaluations, and a contact list for all of the trip participants. The evaluation and trip contact list will also be sent via email for those who prefer an electronic copy.

Take Out

At the take out everyone will aid in the unloading of the boats much like at camp each evening, except this time everything will come off and the boats will be taken out of the water. Once this process has been completed you will have brunch before getting on the bus to return to Flagstaff. We routinely make a stop on the way back to Flagstaff for ice cream and restrooms, so have a little bit of cash on hand if you want to buy ice cream.

Guide Gratuity

Guiding is a service industry and tipping is customary. An average tip is 10 – 15% of your trip fare. Tips are collected by the trip leader and distributed evenly amongst the crew. Tips can be made in the form of cash or check (made out to your trip leader). Many trip leaders also use Venmo and/or PayPal.

Hybrid Trips

CanX Hybrid trips are designed for participation with flexibility. Each morning, you decide whether to raft in an oar boat; be part of a paddle boat team; or navigate an inflatable kayak. Your Trip Leader describes the day's rapids and itinerary each evening for overnight consideration.

Hybrid trips feature 3-4 different boat types. See descriptions of each on the next page. The standard configuration is five oar rafts, one paddle boat, and two inflatable kayaks. Some of our hybrid trips also feature a dory. The dory takes the place of one oar raft when present and are not guaranteed on all hybrid trips.



Hybrid Trips- *Boats*



Oar Powered Raft

Each oar boat is rowed by one of our experienced guides while you get to relax and enjoy the scenery. We encourage you to ride on each of the oar boats at some point during your trip so that you can get to know all of your guides.



Paddle Boat

This boat is powered by 4-6 paddlers under the instruction of one of our paddle captains. The guide/captain will provide training and instruction that will meld the group into a cohesive power producing team.



Dory

These classic wooden boats offer a sporty and exciting ride. The presence of a dory is subject to water levels and the boats being in good repair.



Inflatable Kayak (IKs)

Anyone wanting to paddle an IK must first pass a self rescue test. Your guides will then provide basic instruction on how to maneuver the craft in both flat and whitewater

All Paddle Trips

Our all paddle trip features three of our 14' unloaded paddle boats. Everyone will be a paddler on this high activity trip. Even though you are paddling there will still be plenty of opportunity for hiking as well. Four oars boats round out the fleet to carry all the gear. These trips do not offer the inflatable kayak option.



Weather & Average Temperatures (Spring/Fall)

The weather during the shoulder seasons (spring & fall) can be quite variable in Grand Canyon. It is not unusual to wake and put on a puffy jacket and long pants. By lunch time on the same day you will likely be in shorts and a t-shirt.

Average Temps

Expected daytime temperatures in April and May range from 70° - 90° F (21° - 32° C).

Expected nighttime temperatures range from 50° to 60° F (10° - 15° C)

It is possible for temperatures to fall outside of these predictions

Typical Weather

There is the potential for rain in any month. Spring and fall storms generally pass through the area fairly quickly, but can drastically alter the temperatures for a day or two. For this reason it is important to be prepared with layers to adapt to changing weather conditions.

Weather & Average Temperatures (Summer)

The weather during the summer season typically starts out hot and dry and leads into a hot wet period later on.

Average Temps

Expected daytime temperatures range from 90° - 120° F (32° - 49° C).

Expected nighttime temperatures range from 70° to 90° F (21° - 32° C)

It is possible for temperatures to fall outside of these predictions.

Typical weather

There is the potential for rain in any month, but typically June is a fairly dry month with the summer rains (monsoons) beginning in July and running through the end of August/early September. These storms are characterized by cloud build up throughout the late morning and early afternoon, culminating with a typically short heavy rain in the mid-late afternoon.

The temperature of the river during the spring is typically 50° to 60° F. On a hot day getting wet is a great way to cool down. On a colder day you will want to have paddle gear and layers available to stay warm while going through rapids.

The temperature of the river during the summer is typically 60° to 70° F. In the summer getting wet in the river is the best way to stay cool.



Spring/Fall Packing List (April 1st - May 10th & September 15th - November 1st)

Clothing

- **1 paddle jacket** (essential)
- **1 pair of paddle pants** (essential)
- **1 set of rain gear** (jacket & pants)
- **1 fleece or down jacket**
- **1 fleece/wool top** (insulating layer)
- **3 sun hoodies** (or other lightweight long sleeve shirts)
- **2 short sleeve shirts**
- **3 pairs of shorts** (or skirts/skortis if preferred)
- **1 pair of long pants or leggings**
- **1 bathing suit** (women often find a two piece more convenient)
- **2 sports bras** (women)
- **1 sarong** (men & women, great for sun protection and cooling)
- **2 pairs of lightweight or mid-weight long johns** (top & bottom, these are not always necessary, but it is better to have them and not use them than to wish you had them on a cold evening)
- **2-4 pairs of socks** (for hiking and camp)
- **1 warm hat**
- **1 baseball cap** (and/or sun hat)

Gear

- **2 one-quart water bottles** (Nalgene or similar)
- **1 headlamp** w/spare batteries (we recommend one with a red light)
- **1 day pack** (this pack should be small and packable so that it will fit in your day dry bag. Something big enough to carry water, a sandwich, and maybe an extra layer is all you will need)
- **1-2 pairs of sunglasses and chums** (or other retention device)
- **River sandals/shoes** (these are what you will wear the majority of the time (on the boat, wet hikes, in camp, etc. If you prefer a sandal, we recommend Bedrock Sandals. If you prefer a water shoe, we recommend the Astral brand. Please note wetsuit/dive booties are not acceptable footwear).
- **Hiking/trail shoes** (lightweight, breathable, and fast drying fabrics are preferred. If you require greater ankle support hiking boots are okay, but we recommend staying away from leather as they will be hot and will not dry quickly if they get wet in a stream crossing).

Toiletries

- **Toothbrush and toothpaste**
- **Moisturizer**
- **Hand/foot salve (essential)**
- **Sunscreen**
- **Lip block**
- **Shampoo and conditioner (we recommend an environmentally friendly brand such as Dr. Bronner's)**
- **2nd pair of prescription eyeglasses and/or contact lenses**
- **Feminine products**
- **Sunblock**
- **Hairbrush/comb**

- **Prescription medications** (bring two full courses of essential prescription medications and give one to your trip leader to be stored separately as a backup)
- **Insect repellent** - recently we have seen an increase in the presence of insects in the canyon. You may want to consider bringing insect repellent

Note: Some medications are affected by heat and aridity. Check with your physician to determine if you will need to store your medications differently than you usually do. Also note that just prior to a trip in a wilderness setting, away from medical care is not a good time to switch medications or make prescription dosage changes.

Spring/Fall Packing List (Continued)

Optional gear/clothing

- **Pee bottle** (if you frequently get up to urinate in the night you may find it convenient to bring a bottle that you can use to relieve yourself at your tent rather than walking down to the river or to the toilet area in the middle of the night)
- **Inflatable pillow**
- **Pack or camp towel** (something thin, packable, and quick drying. A sarong can also be a good option for drying off after a river bath).
- **Hydration bladder** (these are not suitable for use on the rafts, but can be very useful for side hikes)
- **Camp shoes** (a pair of camp shoes can give you a break from your river sandals/shoes, but they do need to have a sturdy sole. Many camps have steep embankment, rocks, and other hazards. Crocs and similar shoes are not recommended).
- **Sun gloves** (highly recommended if you plan to do much paddling. You do not want to get a sunburn on the backs of your hands).
- **Additional clothing** (some people choose to bring an extra pair of shorts, an extra t-shirt, dresses or skirts, etc. for camp wear. Also, if you are someone who gets cold easily you may want to consider an extra insulating layer).
- **Undergarments** (at your discretion)
- **Bandana** (can be useful as sun protection and for cooling)
- **Journal/notebook**
- **Camera**
- **Binoculars**
- **Backup sunglasses and chums**
- **Fleece or wool gloves** (for use in camp)

- **Locking Carabiners** are useful for clipping things to the boats/bags. Please make sure they are locking as non-locking carabiners can be a safety hazard.

In addition to these options you may have a local outdoor retailer with experienced staff who can help you with making gear purchases.

If you need to purchase any of the items on this list please check the Canyon Wren Retail Catalog to see if it is an item that Canyon Explorations carries. If we do not sell it see below for a list of recommended outdoor retailers.

REI

<https://www.rei.com/>

Backcountry

<https://www.backcountry.com/>

EMS

<https://www.ems.com/>

NRS

<https://www.nrs.com/>

If you are unsure whether or not you will need certain items (like extra layers) bring them with you to Flagstaff. You can base your decision to bring these items or not on the most recent weather forecast and the recommendations of your orientation staff.

Summer Packing List (May 10th - September 14th)

Clothing

- **1 paddle jacket** (while not essential in the summer months it is strongly recommended during the monsoon season, which is typically July and August)
- **1 set of rain gear** (jacket & pants)
- **1 fleece/wool top** (insulating layer)
- **3 sun hoodies** (or other lightweight long sleeve shirts)
- **2 short sleeve shirts**
- **3 pairs of shorts** (or skirts/skorts if preferred)
- **1 pair of long pants or leggings**
- **1 bathing suit** (women often find a two piece more convenient)
- **2 sports bras** (women)
- **1 sarong** (men & women, great for sun protection and cooling)
- **2 pairs of lightweight or midweight long johns** (top & bottom, these are not always necessary, but it is better to have them and not use them than to wish you had them on a cold evening)
- **2-4 pairs of socks** (for hiking and camp)
- **1 baseball cap** (and/or sun hat)

Gear

- **2 one-quart water bottles** (Nalgene or similar)
- **1 headlamp** w/spare batteries (we recommend one with a red light)
- **1 day pack** (this pack should be small and packable so that it will fit in your day dry bag. Something big enough to carry water, a sandwich, and maybe an extra layer is all you will need)
- **1-2 pairs of sunglasses and chums** (or other retention device)
- **River sandals/shoes** (these are what you will wear the majority of the time (on the boat, wet hikes, in camp, etc. If you prefer a sandal, we recommend Bedrock Sandals. If you prefer a water shoe, we recommend the Astral brand. Please note wetsuit/dive booties are not acceptable footwear).
- **Hiking/trail shoes** (lightweight, breathable, and fast drying fabrics are preferred. If you require greater ankle support hiking boots are okay, but we recommend staying away from leather as they will be hot and will not dry quickly if they get wet in a stream crossing).

Toiletries

- **Toothbrush and toothpaste**
- **Moisturizer**
- **Hand/foot salve (essential)**
- **Sunscreen**
- **Lip block**
- **Shampoo and conditioner** (we recommend an environmentally friendly brand such as Dr. Bronner's)
- **2nd pair of prescription eyeglasses and/or contact lenses**
- **Feminine products**
- **SunblockHairbrush/comb**

- **Prescription medications** (bring two full courses of essential prescription medications and give one to your trip leader to be stored separately as a backup)
- **Insect repellent** - recently we have seen an increase in the presence of insects in the canyon. You may want to consider bringing insect repellent

Note: Some medications are affected by heat and aridity. Check with your physician to determine if you will need to store your medications differently than you usually do. Also note that just prior to a trip in a wilderness setting, away from medical care is not a good time to switch medications or make prescription dosage changes.

Summer Packing List (Continued)

Optional gear/clothing

- **Pee bottle** (if you frequently get up to urinate in the night you may find it convenient to bring a bottle that you can use to relieve yourself at your tent rather than walking down to the river or to the toilet area in the middle of the night)
- **Inflatable pillow**
- **Pack or camp towel** (something thin, packable, and quick drying. A sarong can also be a good option for drying off after a river bath).
- **Hydration bladder** (these are not suitable for use on the rafts, but can be very useful for side hikes)
- **Camp shoes** (a pair of camp shoes can give you a break from your river sandals/shoes, but they do need to have a sturdy sole. Many camps have steep embankment, rocks, and other hazards. Crocs and similar shoes are not recommended).
- **Sun gloves** (highly recommended if you plan to do much paddling. You do not want to get a sunburn on the backs of your hands).
- **Additional clothing** (some people choose to bring an extra pair of shorts, an extra t-shirt, dresses or skirts, etc. for camp wear. Also, if you are someone who gets cold easily you may want to consider an extra insulating layer. Summer temperatures are typically hot, but clouds or rain can cool the temperature down significantly).
- **Undergarments** (at your discretion)
- **Bandana** (can be useful as sun protection and for cooling)
- **Journal/notebook**
- **Camera**

- **Binoculars**
- **Backup sunglasses and chums**
- **Fleece or wool gloves** (for use in camp)
- **1 pair of paddle pants** (optional in summer months)
- **Locking Carabiners** are useful for clipping things to the boats/bags. Please make sure they are locking as non-locking carabiners can be a safety hazard.

If you need to purchase any of the items on this list please check the Canyon Wren Retail Catalog to see if it is an item that Canyon Explorations carries. If we do not sell it see below for a list of recommended outdoor retailers.

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If you are unsure whether or not you will need certain items (like extra layers) bring them with you to Flagstaff. You can base your decision to bring these items or not on the most recent weather forecast and the recommendations of your orientation staff.

Notes



GRAND CANYON OAR & PADDLE TRIPS

1(800) 654-0723 / rivertrips@canyonexplorations.com